

Effect of Meditation on Social-Emotional Learning in Middle School Students

Publication:	Education
Pages:	Vol. 139, No. 3, Pp. 111
Date of Publication:	Spring 2019
Source Article (Ref.):	https://eric.ed.gov/?id=EJ1320707
Format:	pdf
ISSN:	0013-1172
ESSN:	
Keywords:	Meditation, social-emotional learning, social-emotional competencies, middle school, students, stress
Categories:	Brain